

Handout January 10, 2025

## **Wash and Be Healed**

**II Kings 5:1-19**

Welcome back and here we go!

Another Friday and another opportunity to fellowship, to hear the Word and hopefully, to find healing.

Every time we open God's Word we expose ourselves to life --- to light --- to healing opportunities. Tonight's message will hopefully give you the tool you need to find your own freedom and healing!

1) \_\_\_\_\_ is not just \_\_\_\_\_!

Often we need emotional, spiritual, and mental healing as well. And in that arena, we often actually hold the answers and solutions within ourselves. But, we prefer that God just did the miraculous for us.

### **II Kings 5:1-19**

Wow. It seems God's hand was on Naaman! In Verse one it says "*by him the Lord*". Naaman was given victory. I often wonder about why he was chosen. Even Jesus makes reference to him in ...

**Luke 4:23-27** ...<sup>27</sup> *'And many lepers were in Israel in the time of Elisha the prophet, and none of them was cleansed except Naaman the Syrian.'*

Perhaps God chose such a predominant person so the story would be told and retold and would become a point of reference to God's glory and power, that would remind us even today!

2) God is not a \_\_\_\_\_ of men.

God chooses who He will, and it is not because we have earned some special place. Why is this important? Because often we place higher value on others by saying, "God will help them, but not me" ... (for whatever reason). WRONG. God can, and He will help you.

If you could go to a man of God --- an 'Elisha' --- or to God Himself, what would you ask Him for in terms of healing? Would it be physical, emotional, mental, spiritual, all.....

What would God say back to you?

3) Often, we have the \_\_\_\_\_ within ourselves.

Not always, but often, meaning there are things we can do to improve our own situations. Yet, we want something GRAND, PROFOUND.

### **II Kings 5:9-12**

Naaman: he had a predetermined idea of how his healing would happen. Do you? Are you like --- *"well, if this and that happens, I will be better emotionally. I need so and so before I apologize. I need restitution. If this person will change, I can heal. If the truth comes out, I will get freedom. If I get more time, I can read the Word more..."*

**Micah 6:8** 'He has shown you, O man, what is good; And what does the Lord require of you But to do justly, To love mercy, And to walk humbly with your God?'

4) God has \_\_\_\_\_ you.

In my addictions I have always found myself saying... "if you just remove it, I will stop. If you send me to the waters in Syria, I will be healed....."

Do I have things I need healing from? Yes. I have all of your stuff. Whatever has hurt you, hurts me. Yet every night, EVERY NIGHT, I find healing in my relationship with God and His Word. I take the issues to Him. I believe Him at His Words ... about you, and I rest in my Faith. That's how I am fresh for the next day. I get my healing from God.

For you maybe God has already told you...

- Set a boundary
- Walk away from trauma, not into it
- Stop using --- by any means
- Talk to someone
- Accept a truth
- Be honest with yourself
- Stop a behavior
- Forgive someone
- Stop lying
- Go to church
- Read your Word
- Be obedient.

5) God \_\_\_\_\_ your weakness.

God may have already told you what to do --- your next step. Yes, you can pray that He just take it away, but the truth is often...

6) We must \_\_\_\_\_ in our own healing.

**John 5:1-8** *After this there was a feast of the Jews, and Jesus went up to Jerusalem. <sup>2</sup> Now there is in Jerusalem by the Sheep Gate a pool, which is called in Hebrew, Bethesda, having five porches. <sup>3</sup> In these lay a great multitude of sick people, blind, lame, paralyzed, waiting for the moving of the water. <sup>4</sup> For an angel went down at a certain time into the pool and stirred up the water; then whoever stepped in first, after the stirring of the water, was made well of whatever disease he had. <sup>5</sup> Now a certain man was there who had an infirmity thirty-eight years. <sup>6</sup> When Jesus saw him lying there, and knew that he already had been in that condition a long time, He said to him, "Do you want to be made well?" <sup>7</sup> The sick man answered Him, "Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me." <sup>8</sup> Jesus said to him, "Rise, take up your bed and walk."*

## **DO WHATEVER GOD IS IMPRESSING ON YOUR HEART!**

Another thing is noteworthy here. Naaman is converted, and I'm sure he experienced a lot of ramifications from others. He swears allegiance to God but asks permission to keep up a front of allegiance to his nation's gods. (Verses 17-19)

The point here is, we bring God to ungodly people. We worship, and are believers, yet sometimes we are in uncomfortable environments. Sometimes a Christian at a grocery store may have to sell cigarettes and liquor. This can be spiritually uncomfortable.

Take God wherever you go! Most importantly, **DO WHATEVER GOD IS ASKING OF YOU!**