

Healing Troubles

Jonah Chapter 1, Part III

Praise God --- another Tuesday --- another study. Last week we got all the way up to verse 9. Today we finish Chapter 1.

Jonah Chapter 1

1) Do you see yourself in Chapter 1? If so, how?

There are definitely points to consider:

- Jonah ran from God's call.
- Jonah had animosity towards his Nation's enemies, his enemies.
- Jonah thought he got away with it.
- The mariners were personally troubled by Jonah's troubles.

Let's move on from here.

Jonah 1:4-16

2) Did something change with the mariners, and if so, what?

Last week we talked about how other people's troubles / problems can easily become our own. It is not hard for our souls to be lifted, or burdened by others. Frequently our troubles involve others.

Then we flipped it to how our problems are affecting others. Hopefully, you seriously considered that.

Don't be a Jonah!

So I often speak literal --- figurative --- spiritual...

Jonah 1:5 'Then the mariners were afraid; and every man cried out to his god, and threw the cargo that was in the ship into the sea, to lighten the load. But Jonah had gone down into the lowest parts of the ship, had lain down, and was fast asleep.'

In a figurative sense the cargo represents baggage. When confronted with a life changing storm, the mariners immediately began to throw off the baggage.

3) What was the last major issue in your life that made you seriously consider change?

Chapter 1 - one more time let me run through this figuratively with you.....

- Jonah refuses God's direction
- Jonah runs until he is exhausted and finally feels safe.
- Jonah affects others - brings a storm.
- The mariners are faced with life and death.
- The mariners threw out their baggage - faced their sin.
- Jonah confesses.
- The mariners accept Christ / God.

Jonah is known as the *book of four salvations* --- each chapter --- someone gets saved.....

4a) How have your trials help saved you?

4b) How have your trials helped save others?

We always talk about...

II Corinthians 1:3-8

Our trials are meant to strengthen us in ministry as well as train us in obedience.

Jonah 1:13-16

The mariners received salvation!

Acts 16:16-34

5) Paul brought a storm on the Jailer. What happened?

Storms come in many forms.

6) How can your recent --- newest --- most present storm save you and others?

Let's pray.



Next Tuesday Bible Study - *Jonah, Part IV, Chapter 2 - "A Cry for Help"*

