

# Anger And Accusations

## *Matthew 5:21-26*

Welcome back and here we go! Today we continue in Matthew 5 and we take on two subjects: Anger and Accusations. Maybe I have it backwards, as being accused will usually lead to anger. Sometimes we feel judging is an accusation.

### ***Matthew 5:21-24***

- 1) How is anger murder?

Really what we are talking about here is mental attitude sins. Anger is certainly one of them. The thing about anger is it generally does not bring about healing or peace, for anyone.

Really what Jesus is saying is anger is the root of murder and many other chain sins.

- 2) Is anger normal or is it always a sin?

### ***Psalm 4:4***

### ***Ephesians 4:25-27***

Anger is a normal human emotion.

### ***Mark 3:1-5***

- 3) Why is Jesus angry?

Righteous anger should lead to healing! So, the real question is, "Do you have anger that has led to unforgiveness?" That is the true nature of sinful anger!

Paul said, "*Do not let the sun set on your wrath.*" In other words, resolve it! Some people stay angry for years.

### ***Matthew 5:23-26***

- 4) What is this parable about?

You know, often our anger is a result of words ---- things that have been said. Here, Jesus says, agree with the adversary.... What is implied is, there may be a measure of truth in it.

I was recently accused of something and afterwards thought ---- "I decide to agree --- to a degree!"

Let's break it down.

5) How can I bring a heart of repentance if I stay angry?

The real question today is "What is the condition of your heart?" Unforgiveness typically is rooted in hurt and anger. Although, many would say it is not anger causing it.

Just as anger is the root of murder, unforgiveness is often rooted in anger.

So, let's talk about this prison.

6) Where is it located?

Again, back to the concept of mentality. You will never get out of the mental prison of anguish if you stay angry.

WHY STAY ANGRY?

7) (Personal Question) Who do you need to forgive?

Maybe you are good right now. That is fine, but we all get angry. The goal is to not stay there!

**Psalm 4:4**

Resolve it, then move on!

Let's pray for God to give us a heart of forgiveness.